



28. Šmarna gora Record

Friday, 4. October 2024

45. Šmarna gora Race

Saturday, 5. October 2024



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Friday, 4. October 2024

Rules (6. Jan. 2024)



Organizer: Running Club Šmarnogorska naveza

Venue, Date: Ljubljana-Tacen, Friday, 4 October 2024

Entries: online entries: www.prijavim.se

Entry fee – up to:	1. Sept.	15. Sept.	30. Sept.	after 30. Sept.
Record	20 €	25 €	30 €	50 €
Race	20 €	25 €	30 €	50 €
Record + Tek	30 €	40 €	50 €	80 €

Entries for invited international class runners: latest by Monday 16 Sept. 2024 by e-mail (Tomo Šarf)

The race is connected to the traditional Smarna gora Race, that will be held on Saturday. The organizer offers special arrangements to the international runners who are interested to run both races.

Categories:

	Category	YOB
Junior women	Junior men	2005 – 2010
Senior women	Senior men	1985 – 2004
Masters' women 1	Masters' men 1	1975 – 1984
Masters' women 2	Masters' men 2	1974 and before

Start: At the Šmarna gora foothill / Tacen

Start times:

- 16:50 WOMEN – all categories (juniors, seniors, masters)
- 17:00 MEN – all categories (juniors, seniors, masters)

Course: Start at the Smarna gora foothill / Tacen, finish on the Smarna gora summit, following the "Čez korenine" path.

- Length/Ascent: 1,8km; + 360m
- The course will be signed and marshaled
- Course record - men: 10:59 – Filimon ABRAHAM (ERI), 9 October 2020
- Course record - women: 12:36 – Andrea MAYR (AUT), 30. September 2022

Limit time: runners who will need more than 30 minutes to finish the race, will be signed as "DNF" in the results.

Luggage transport will be organized; runners shall leave their bags latest at 16:30 next to the start.

Refreshment station will be organized on the finish area.

Prizes: all the runners will receive memorial gifts.

- Top 3 in each category will receive medals and nice gifts
- Prizes for absolute ranking:

Place:	1.	2.	3.	4.	5.	6.	7.	8.	9.	10.
men	150 €	120 €	100 €	80 €	60 €	50 €	50 €	50 €	50 €	50 €
women	150 €	120 €	100 €	80 €	60 €	50 €				

- New course record women / men: 250€

Victory ceremony will be held at 18:15 on the Smarna gora summit.

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